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**MILITARY
ONESOURCE**



militaryonesource.mil



800-342-9647



988 SUICIDE & CRISIS
LIFELINE



988lifeline.org



988



PROGRAM ABBREVIATION KEY



WHERE SHOULD I GO FOR HELP?

A QUICK-ACCESS GUIDE FOR HELPFUL
RESOURCES AVAILABLE ON YOUR INSTALLATION



WHERE SHOULD I GO FOR HELP?

A QUICK-ACCESS GUIDE FOR HELPFUL RESOURCES AVAILABLE ON YOUR INSTALLATION

24/7 HELP LINES



CL																				
NR																				
PRIMARY CONCERN																				
ABUSE / NEGLECT																				
ALCOHOL / DRUGS																				
ANGER ISSUES																				
ANXIETY / PANIC																				
DEPLOYMENT / RELOCATION																				
DISASTER RECOVERY																				
FINANCES																				
GRIEF / DEATH																				
MARRIAGE & FAMILY																				
NUTRITION / FITNESS																				
PARENTING																				
RELATIONSHIPS																				
SADNESS / DEPRESSION																				
SEXUAL ASSAULT																				
SEXUAL HARASSMENT																				
SPECIAL NEEDS																				
SUICIDAL / HOMICIDAL																				
WORK / SCHOOL																				